Alopecia Areata treated successfully with food allergy elimination and neural therapy.

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Alopecia Areata is an autoimmune disease which attacks the hair follicles in the body causing patchy lesions of baldness to occur.

The condition can be localized to the scalp or elsewhere on the body. It often leads to round patches of hair loss about the size of a quarter. Multiple patches can occur or the condition can be extensive, and be generalized in which case it is considered alopecia areata totalis. It is emotionally troubling to the patient.

As with all autoimmune conditions, toxic elements are most often responsible for the condition to occur.

These toxic elements can be toxic heavy metals, pesticides, herbicides, solvents, chemicals of other natures, or the foods we eat to which we are allergic.

Determination of the toxic element is of utmost importance in reversing the disorder.

A complete history from the patient will often lead to types of toxic exposure or food allergies that the patient may have.

Employing the technique of autonomic response testing (ART) exposures to the various toxins can be diagnosed, and appropriate remedies can be determined and then employed to remove the toxins from the body.

Appropriate food allergy testing, specifically IgG testing, can identify the delayed food allergies that have a toxic effect on the body.

Neural therapy, the treatment of the autonomic nervous system and its dysfunctions, enables us to be able to release interference fields that allow restoration of normal function of the autonomic nervous system.

Neural therapy involves the use of local anesthetic injected into appropriate areas to reestablish the normal function of the autonomic nervous system and eliminate interference fields.

Conventional treatment for Alopecia Areata involves the use of corticosteroids, topical ointments, Minoxidil (Rogaine), Anthralin (Psoriatec), Sulfasalazine, topical sensitizers, oral Cyclosporine, Photochemotherapy, and other alternative therapies with herbs and oils. None of the work regularly as none of these act to reverse the clause of the autoimmune disease. Many of these treatments can cause side effects worse than the localized the loss of hair

Autoimmune diseases require the removal of the toxic substance from the body to allow the body of the resume normal function. This will reverse the autoimmune disease.

This is a case report of a 41 year-old gentleman who was looking for help for his unresolved problem of alopecia areata that was going on for over a year and a half without any benefit from treatment. The patient was particularly depressed by this lack of success and sought a different pathway for help.

He had developed hair loss over the beard area and several silver dollar size areas over his scalp. Various forms of treatment by a dermatologist with a host of topical medications fail to

make any inroad into the regrowth of hair. He had tried acupuncture without benefit.

The patient was taking a medication, Vytorin. He smoked a pack of cigarettes a week. He was in otherwise good health.

He was subjected to autonomic response testing. The regulation ability of his Autonomic Nervous System was blocked. There was no evidence of heavy metals, solvents, pesticides, or herbicides. Food allergy however showed extensively and most especially with soy. The patient acknowledged that he had been using a lot of soy based drinks.

Since autoimmune disease has a basis also in food allergy we drew blood for the IgG food allergy antigens. The patient was recommended to stop taking the Vytorin as it showed no positive need on the autonomic response testing.

There were two classic Alopecia Areata lesions on the back of the scalp that each measured 4.5 to 5 cm in diameter and were completely devoid of any hair. The patient kept his hair very short to lessen the attention that the bald spots would attract.

No photos are available for this visit.

Neural therapy treatment was administered to the lesions on the scalp in the form of local anesthetic infiltration with 1% procaine into the lesions, using a 27 guage 1 ½ inch needle into the dermis. The date was Nov. 28, 2005. About 5 cc of procaine 1% without preservatives was infiltrated in to each of the lesions covering each and every area that had the loss of hair.

When the patient returned in two weeks, on Dec. 6, 2005, the laboratory test for the food allergy was available and 24 different items of foot sensitivities showed up. The patient was counseled on removing these food items from his diet and given specific instructions in how to do so. Additional injections of local anesthetic were given in to the scalp again infiltrating the entire area of the lesion. In observing the lesions there was definite regrowth of hair already noticeable in the area of the lesions. This was just two weeks after the start of the injections.

The patient returned for his third visit two weeks later, Dec 20, 2005 managing his diet and happy to note additional hair growth. Additional local anesthetic injection were administered.

Two weeks later, Jan 13, 2005, (six weeks from the start of treatment) the majority of his hair had regrown and there was only a one small area around the periphery that had not regrown. The areas were again reinjected with the local anesthetic.

The rest of the protocol with regards to diet and elimination of allergy inducing foods was reviewed with the patient and he noted major improvement in his feeling of well-being as he had eliminated a sense of bloating and GI distress that he had had before and had not been able to put a handle on.

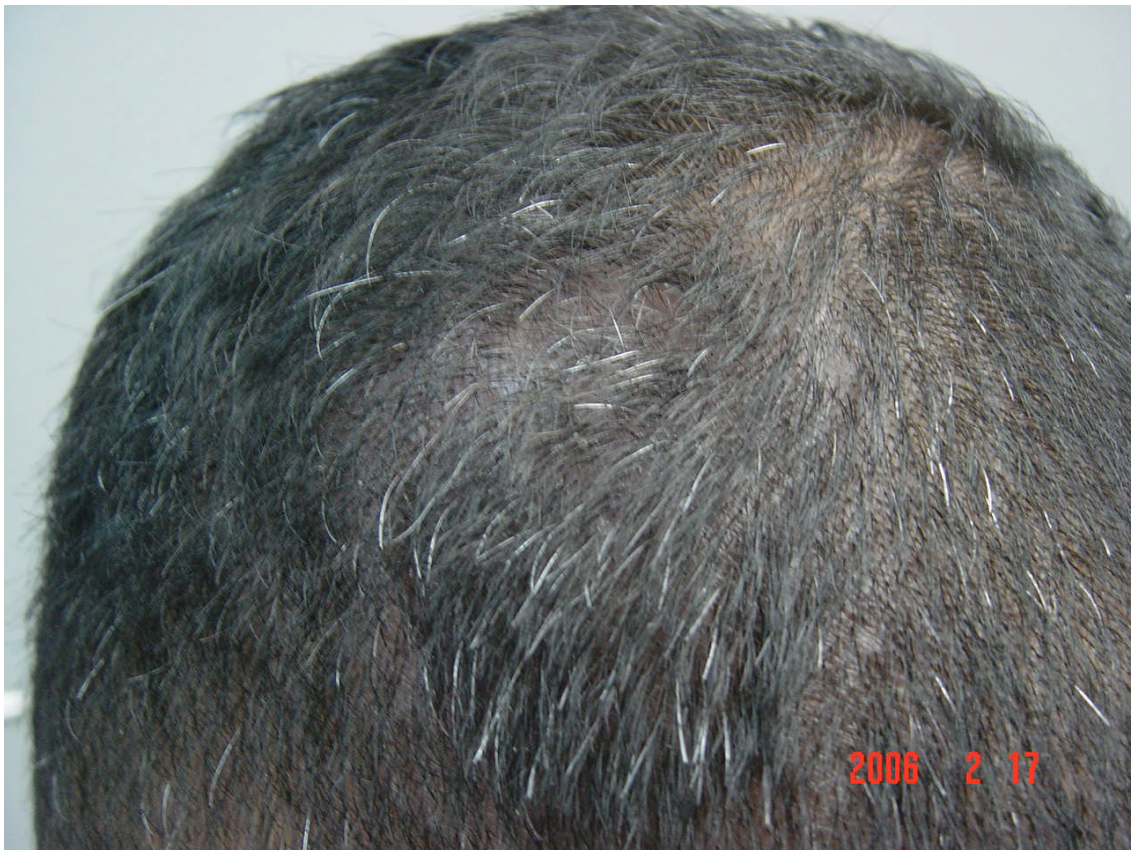
Two weeks later, Jan 27, 2006 (eight weeks after treatment started) 90 to 95 percent of the hair had regrown in each of the lesions and the hair started to look thicker than the surrounding hair. Another session a local infiltration with anesthetic was accomplished.

The original outline of one of the lesions can be seen in the above photo taken on Jan 27, 2006

This photo of the let sided lesion on the back shows nearly complete regrowth of the hair but the outline of the lesion can still be seen.

The patient was maintaining his diet with the limitation mostly of wheat oats and dairy products that seem to be his main allergens with a much better general feeling.

Two weeks later, Feb. 17, 2006, (10 weeks after treatment started) all of the areas had hair in it and the hair was full thick and healthy.



The left side lesion had full thickness regrowth of hair, to some degree thicker than the adjacent hair .

The right side lesion was completely covered by hair but still left a vague area that was discernable as the original lesion but was improved week to week from the stating point.

Conclusion: With the limitation of the toxic substances, in this case food allergens, and with opening of the autonomic nervous system by the use of local anesthetic, the combination of detoxification and neural therapy resulted in a rapid reversal of a long-standing Alopecia Areata. This treatment protocol is safe, nontoxic, easy to administer, and inexpensive. It seems like an ideal way to treat this condition.